

## 60mW15 60m · Girls · 15 years · Final · Group A (of 2)

01/11/2026, 04:30 PM

Place	Lane	Athlete	Team	Bib	React.	Result
1	1	<b>Hafdís Laufey Ómarsdóttir (2011) ISL</b>	Ungmennafélagið Hekla			<b>9.70</b> PB
2	3	<b>Sigurdís Þorbjörnsdóttir (2011) ISL</b>	Ungmennafélag Selfoss			<b>10.20</b> PB
3	2	<b>Elísabet Freyja Elvarsdóttir (2011) ISL</b>	Ungmennafélag Selfoss			<b>10.24</b> PB

## 60mW15 60m · Girls · 15 years · Final · Group B (of 2)

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Place	Lane	Athlete	Team	Bib	React.	Result
1	3	<b>Magnea Furuheilm Magnúsdóttir (2011) ISL</b>	Íþróttafélagið Dímon			<b>8.54</b> PB
2	1	<b>Ásta Kristín Ólafsdóttir (2011) ISL</b>	Ungmennafélag Selfoss			<b>9.34</b> PB
3	2	<b>Dagbjört Eva Hjaltadóttir (2011) ISL</b>	Ungmennafélag Selfoss			<b>10.16</b> PB

## 60mWU18 60m · Girls · U18 · Final

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Place	Lane	Athlete	Team	Bib	React.	Result
1	1	<b>Anna Metta Óskarsdóttir (2010) ISL</b>	Ungmennafélag Selfoss			<b>8.61</b> SB
2	2	<b>Adda Sóley Sæland (2010) ISL</b>	Ungmennafélag Selfoss			<b>8.93</b> PB
3	3	<b>Arndís Eva Vígfúsdóttir (2009) ISL</b>	Ungmennafélag Selfoss			<b>9.06</b> SB

## 60mWU20 60m · Women · U20 · Final

01/11/2026, 04:40 PM

Place	Lane	Athlete	Team	Bib	React.	Result
1	1	<b>Stephanie Ósk Ingvarsdóttir (2007) ISL</b>	Ungmennafélagið Hekla			<b>8.81</b> PB
2	2	<b>Þórhildur Sara Jónasdóttir (2007) ISL</b>	Ungmennafélag Selfoss			<b>8.89</b> PB
3	3	<b>Hugrún Birna Hjaltadóttir (2008) ISL</b>	Ungmennafélag Selfoss			<b>8.96</b> SB

## 60mWU23 60m · Women · U23 · Final

01/11/2026, 04:40 PM

Place	Lane	Athlete	Team	Bib	React.	Result
	1	<b>Sólveig Björk Kristinsdóttir (2006) ISL</b>	Ungmennafélagið Hekla			DNS

## 60mM15 60m · Boys · 15 years · Final

01/11/2026, 04:45 PM

Place	Lane	Athlete	Team	Bib	React.	Result
1	2	<b>Magnús Tryggvi Birgisson (2011) ISL</b>	Ungmennafélag Selfoss			<b>8.23</b> PB
2	3	<b>Tómas Bragi Ragnarsson (2011) ISL</b>	Ungmennafélag Selfoss			<b>9.16</b> PB
3	1	<b>Brynjar Ingi Bjarnason (2011) ISL</b>	Ungmennafélag Selfoss			<b>11.06</b> PB

## SPW15 Shot Put (3kg) · Girls · 15 years · Final

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Place	Athlete	Team	Bib	Result
1	<b>Ásta Kristín Ólafsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>9.98</b> PB
2	<b>Magnea Furuheilm Magnúsdóttir (2011) ISL</b>	Íþróttafélagið Dímon		<b>7.63</b> PB
3	<b>Hugrún Hadda Hermannsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>6.94</b> PB
4	<b>Filippía Brynjarsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>6.72</b> SB
5	<b>Hafdís Laufey Ómarsdóttir (2011) ISL</b>	Ungmennafélagið Hekla		<b>6.55</b> PB
6	<b>Elísabet Freyja Elvarsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>5.96</b> PB

## Attempts · SPW15 Shot Put (3kg) · Girls · 15 years · Final

Place	Athlete	Attempts
1	<b>Ásta Kristín Ólafsdóttir (2011) ISL</b>	<b>9.98</b> 9.41 9.33 9.71
2	<b>Magnea Furuheilm Magnúsdóttir (2011) ISL</b>	7.20 <b>7.63</b> 6.90 6.88
3	<b>Hugrún Hadda Hermannsdóttir (2011) ISL</b>	5.93 6.39 6.11 <b>6.94</b>
4	<b>Filippía Brynjarsdóttir (2011) ISL</b>	x 6.69 <b>6.72</b> 6.21
5	<b>Hafdís Laufey Ómarsdóttir (2011) ISL</b>	5.50 <b>6.55</b> x 6.10
6	<b>Elísabet Freyja Elvarsdóttir (2011) ISL</b>	<b>5.96</b> 5.88 5.93 -

## 60mMU18 60m · Boys · U18 · Final

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Place	Lane	Athlete	Team	Bib	React.	Result
1	2	<b>Hannes Breki Björnsson (2010) ISL</b>	Ungmennafélag Selfoss			<b>8.14</b> PB
2	1	<b>Runólfur Mar Þorkelsson (2009) ISL</b>	Íþróttafélagið Dímon			<b>8.53</b> PB
3	4	<b>Lúkas Týr Sigurðsson (2009) ISL</b>	Íþróttafélagið Dímon			<b>8.76</b> PB
4	3	<b>Stormur Leó Guðmundsson (2010) ISL</b>	Ungmennafélag Selfoss			<b>9.99</b> PB

## 60mMU20 60m · Men · U20 · Final

01/11/2026, 04:55 PM

Place	Lane	Athlete	Team	Bib	React.	Result
1	2	<b>Þorvaldur Gauti Hafsteinsson (2007) ISL</b>	Ungmennafélag Selfoss			<b>7.80</b> PB
2	5	<b>Víkar Reyrr Víðisson (2008) ISL</b>	Ungmennafélagið Hekla			<b>7.82</b> PB
3	4	<b>Helgi Reynisson (2008) ISL</b>	Ungmennafélagið Þjótandi			<b>8.19</b> PB
4	1	<b>Kristján Kári Ólafsson (2008) ISL</b>	Ungmennafélag Selfoss			<b>8.70</b> SB
	3	<b>Ívar Ylur Birkisson (2008) ISL</b>	Íþróttafélagið Dímon			DNS

## 60mMU23 60m · Men · U23 · Final

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Place	Lane	Athlete	Team	Bib	React.	Result
1	1	<b>Veigar Þór Víðisson (2006) ISL</b>	Ungmennafélagið Hekla			<b>7.95</b> PB

## HJWU18 High Jump · Girls · U18 · Final

01/11/2026, 05:00 PM

Place	Athlete	Team	Bib	Result
1	<b>Helga Fjóra Erlendsdóttir (2009) ISL</b>	Íþróttafélagið Garpur		<b>1.58</b> SB
2	<b>Anna Metta Óskarsdóttir (2010) ISL</b>	Ungmennafélag Selfoss		<b>1.50</b> SB
2	<b>Arndís Eva Vigfúsdóttir (2009) ISL</b>	Ungmennafélag Selfoss		<b>1.50</b> SB

## Attempts · HJWU18 High Jump · Girls · U18 · Final

Place	Athlete	Attempts
1	<b>Helga Fjóra Erlendsdóttir (2009) ISL</b>	1.45 / o    1.50 / o    1.55 / xo <b>1.58 / o</b> 1.60 / xxx
2	<b>Anna Metta Óskarsdóttir (2010) ISL</b>	1.45 / - <b>1.50 / o</b> 1.55 / xxx
2	<b>Arndís Eva Vigfúsdóttir (2009) ISL</b>	1.45 / o <b>1.50 / o</b> 1.55 / xxx

## HJWU20 High Jump · Women · U20 · Final

01/11/2026, 05:00 PM

Place	Athlete	Team	Bib	Result
1	<b>Stephanie Ósk Ingvarsdóttir (2007) ISL</b>	Ungmennafélagið Hekla		<b>1.55</b> PB
2	<b>Katrín Eyland Gunnarsdóttir (2007) ISL</b>	Íþróttafélagið Dímon		<b>1.45</b> PB
2	<b>Arna Hrönn Grétarsdóttir (2008) ISL</b>	Ungmennafélag Selfoss		<b>1.45</b> SB

## Attempts · HJWU20 High Jump · Women · U20 · Final

Place	Athlete	Attempts
1	<b>Stephanie Ósk Ingvarsdóttir (2007) ISL</b>	1.30 / -    1.35 / -    1.40 / -    1.45 / o    1.50 / xo <b>1.55 / xo</b>
2	<b>Katrín Eyland Gunnarsdóttir (2007) ISL</b>	1.30 / o    1.35 / o    1.40 / o <b>1.45 / o</b> 1.50 / xxx
2	<b>Arna Hrönn Grétarsdóttir (2008) ISL</b>	1.30 / -    1.35 / o    1.40 / o <b>1.45 / o</b> 1.50 / xxx

## HJWU23 High Jump · Women · U23 · Final

01/11/2026, 05:00 PM

Place	Athlete	Team	Bib	Result
1	<b>Hanna Dóra Höskuldsdóttir (2006) ISL</b>	Ungmennafélag Selfoss		<b>1.40</b> SB

## Attempts · HJWU23 High Jump · Women · U23 · Final

Place	Athlete	Attempts
1	<b>Hanna Dóra Höskuldsdóttir (2006) ISL</b>	1.30 / o    1.35 / o <b>1.40 / o</b> 1.45 / xxx

## LJM15 Long Jump · Boys · 15 years · Final

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Place	Athlete	Team	Bib	Result
1	<b>Magnús Tryggvi Birgisson (2011) ISL</b>	Ungmennafélag Selfoss		<b>4.97</b> PB
2	<b>Tómas Bragi Ragnarsson (2011) ISL</b>	Ungmennafélag Selfoss		<b>3.86</b> PB
3	<b>Brynjar Ingi Bjarnason (2011) ISL</b>	Ungmennafélag Selfoss		<b>2.07</b> PB

## Attempts · LJM15 Long Jump · Boys · 15 years · Final

Place	Athlete	Attempts
1	<b>Magnús Tryggvi Birgisson (2011) ISL</b>	4.64    4.43    3.70 <b>4.97</b>
2	<b>Tómas Bragi Ragnarsson (2011) ISL</b>	3.77    3.62 <b>3.86</b> 3.81
3	<b>Brynjar Ingi Bjarnason (2011) ISL</b>	2.02 <b>2.07</b> 2.06    2.06

## LJMU18 Long Jump · Boys · U18 · Final

01/11/2026, 05:00 PM

Place	Athlete	Team	Bib	Result
1	<b>Lúkas Týr Sigurðsson (2009) ISL</b>	Íþróttafélagið Dímon		<b>4.07</b> PB

## Attempts · LJMU18 Long Jump · Boys · U18 · Final

Place	Athlete	Attempts
1	<b>Lúkas Týr Sigurðsson (2009) ISL</b>	3.31 <b>4.07</b> 3.71    x

## LJMU20 Long Jump · Men · U20 · Final

01/11/2026, 05:00 PM

Place	Athlete	Team	Bib	Result
1	<b>Helgi Reynisson (2008) ISL</b>	Ungmennafélagið Þjótandi		<b>5.67</b> =PB
2	<b>Víkar Reyur Víðisson (2008) ISL</b>	Ungmennafélagið Hekla		<b>4.95</b> PB
	<b>Kristján Kári Ólafsson (2008) ISL</b>	Ungmennafélag Selfoss		DNS

## Attempts · LJMU20 Long Jump · Men · U20 · Final

Place	Athlete	Attempts
1	<b>Helgi Reynisson (2008) ISL</b>	5.27    5.42    5.46 <b>5.67</b>
2	<b>Víkar Reyur Víðisson (2008) ISL</b>	<b>4.95</b> 4.45    4.71    4.74
	<b>Kristján Kári Ólafsson (2008) ISL</b>	

## LJMU23 Long Jump · Men · U23 · Final

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Place	Athlete	Team	Bib	Result
1	<b>Veigar Þór Víðisson (2006) ISL</b>	Ungmennafélagið Hekla		<b>5.49</b> PB

## Attempts · LJMU23 Long Jump · Men · U23 · Final

Place	Athlete	Attempts			
1	<b>Veigar Þór Víðisson (2006) ISL</b>	5.11	<b>5.49</b>	5.35	-

## LJW15 Long Jump · Girls · 15 years · Final

01/11/2026, 05:45 PM

Place	Athlete	Team	Bib	Result
1	<b>Magnea Furuhjelm Magnúsdóttir (201...</b>	Íþróttafélagið Dímon		<b>4.57</b> PB
2	<b>Hafðís Laufey Ómarsdóttir (2011) ISL</b>	Ungmennafélagið Hekla		<b>3.96</b> PB
3	<b>Dagbjört Eva Hjaltadóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>3.43</b> PB
4	<b>Sigurdís Þorbjörnsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>3.40</b> PB
	<b>Elísabet Freyja Elvarsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		DNS

## Attempts · LJW15 Long Jump · Girls · 15 years · Final

Place	Athlete	Attempts			
1	<b>Magnea Furuhjelm Magnúsdóttir (201...</b>	3.92	x	<b>4.57</b>	4.16
2	<b>Hafðís Laufey Ómarsdóttir (2011) ISL</b>	3.53	3.66	3.79	<b>3.96</b>
3	<b>Dagbjört Eva Hjaltadóttir (2011) ISL</b>	2.92	3.33	3.32	<b>3.43</b>
4	<b>Sigurdís Þorbjörnsdóttir (2011) ISL</b>	<b>3.40</b>	3.28	3.33	3.14
	<b>Elísabet Freyja Elvarsdóttir (2011) ISL</b>				

## SPWU18 Shot Put (3kg) · Girls · U18 · Final

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Place	Athlete	Team	Bib	Result
1	<b>Bryndís Embla Einarsdóttir (2009) ISL</b>	Ungmennafélag Selfoss		<b>12.79</b> PB
2	<b>Arndís Eva Vigfúsdóttir (2009) ISL</b>	Ungmennafélag Selfoss		<b>11.25</b> PB
3	<b>Adda Sóley Sæland (2010) ISL</b>	Ungmennafélag Selfoss		<b>9.92</b> PB
4	<b>Þórunn Eyland Gunnarsdóttir (2010) ISL</b>	Íþróttafélagið Dímon		<b>9.02</b> PB

## Attempts · SPWU18 Shot Put (3kg) · Girls · U18 · Final

Place	Athlete	Attempts			
1	<b>Bryndís Embla Einarsdóttir (2009) ISL</b>	11.92	11.63	12.51	<b>12.79</b>
2	<b>Arndís Eva Vigfúsdóttir (2009) ISL</b>	10.59	10.91	11.03	<b>11.25</b>
3	<b>Adda Sóley Sæland (2010) ISL</b>	<b>9.92</b>	9.61	9.92	9.46
4	<b>Þórunn Eyland Gunnarsdóttir (2010) ISL</b>	8.73	8.81	<b>9.02</b>	8.94

## SPWU20 Shot Put (4kg) · Women · U20 · Final

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Place	Athlete	Team	Bib	Result
1	<b>Stephanie Ósk Ingvarsdóttir (2007) ISL</b>	Ungmennafélagið Hekla		<b>8.40</b> PB
2	<b>Arna Hrönn Grétarsdóttir (2008) ISL</b>	Ungmennafélag Selfoss		<b>6.66</b> PB

## Attempts · SPWU20 Shot Put (4kg) · Women · U20 · Final

Place	Athlete	Attempts			
1	<b>Stephanie Ósk Ingvarsdóttir (2007) ISL</b>	8.11	7.73	8.03	<b>8.40</b>
2	<b>Arna Hrönn Grétarsdóttir (2008) ISL</b>	6.05	6.39	6.49	<b>6.66</b>

## SPWU23 Shot Put (4kg) · Women · U23 · Final

01/11/2026, 05:45 PM

Place	Athlete	Team	Bib	Result
1	<b>Hanna Dóra Höskuldsdóttir (2006) ISL</b>	Ungmennafélag Selfoss		<b>8.77</b> SB
	<b>Sólveig Björk Kristinsdóttir (2006) ISL</b>	Ungmennafélagið Hekla		DNS

## Attempts · SPWU23 Shot Put (4kg) · Women · U23 · Final

Place	Athlete	Attempts			
1	<b>Hanna Dóra Höskuldsdóttir (2006) ISL</b>	x	<b>8.77</b>	x	x
	<b>Sólveig Björk Kristinsdóttir (2006) ISL</b>				

## HJM15 High Jump · Boys · 15 years · Final

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Place	Athlete	Team	Bib	Result
1	<b>Magnús Tryggvi Birgisson (2011) ISL</b>	Ungmennafélag Selfoss		<b>1.50</b> PB

## Attempts · HJM15 High Jump · Boys · 15 years · Final

Place	Athlete	Attempts					
1	<b>Magnús Tryggvi Birgisson (2011) ISL</b>	1.30 / o	1.35 / o	1.40 / o	1.45 / xo	<b>1.50 / o</b>	1.55 / xxx

## HJMU18 High Jump · Boys · U18 · Final

01/11/2026, 06:15 PM

Place	Athlete	Team	Bib	Result
1	<b>Lúkas Týr Sigurðsson (2009) ISL</b>	Íþróttafélagið Dímon		<b>1.50</b> PB
2	<b>Stormur Leó Guðmundsson (2010) ISL</b>	Ungmennafélag Selfoss		<b>1.30</b> PB

## Attempts · HJMU18 High Jump · Boys · U18 · Final

Place	Athlete	Attempts					
1	<b>Lúkas Týr Sigurðsson (2009) ISL</b>	1.00 / -	1.10 / -	1.20 / o	1.30 / o	1.35 / o	1.40 / o
		1.45 / xxo	<b>1.50 / xo</b>	1.55 / xxx			
2	<b>Stormur Leó Guðmundsson (2010) ISL</b>	1.00 / o	1.10 / o	1.20 / o	<b>1.30 / xxo</b>	1.35 / xxx	

## HJMU20 High Jump · Men · U20 · Final

01/11/2026, 06:15 PM

Place	Athlete	Team	Bib	Result
1	<b>Hjálmar Vilhelm Rúnarsson (2008) ISL</b>	Ungmennafélag Selfoss		<b>1.95</b> PB
2	<b>Helgi Reynisson (2008) ISL</b>	Ungmennafélagið Þjótandi		<b>1.75</b> SB
3	<b>Daníel Smári Björnsson (2007) ISL</b>	Ungmennafélag Selfoss		<b>1.60</b> PB
4	<b>Víkar Reyrr Víðisson (2008) ISL</b>	Ungmennafélagið Hekla		<b>1.60</b> PB
	<b>Kristján Kári Ólafsson (2008) ISL</b>	Ungmennafélag Selfoss		DNS

## Attempts · HJMU20 High Jump · Men · U20 · Final

Place	Athlete	Attempts					
1	<b>Hjálmar Vilhelm Rúnarsson (2008) ISL</b>	1.40 / -	1.45 / -	1.50 / -	1.55 / -	1.60 / -	1.65 / -
		1.70 / o	1.75 / o	1.80 / o	1.85 / xxo	1.90 / xo	<b>1.95 / xxo</b>
		2.00 / xxx					
2	<b>Helgi Reynisson (2008) ISL</b>	1.40 / -	1.45 / -	1.50 / -	1.55 / -	1.60 / o	1.65 / o
		1.70 / o	<b>1.75 / xo</b>	1.80 / xxx			
3	<b>Daníel Smári Björnsson (2007) ISL</b>	1.40 / -	1.45 / -	1.50 / o	1.55 / xo	<b>1.60 / xo</b>	1.65 / xxx
4	<b>Víkar Reyrr Víðisson (2008) ISL</b>	1.40 / o	1.45 / o	1.50 / -	1.55 / o	<b>1.60 / xxo</b>	1.65 / xxx

## HJMU23 High Jump · Men · U23 · Final

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Place	Athlete	Team	Bib	Result
1	<b>Veigar Þór Víðisson (2006) ISL</b>	Ungmennafélagið Hekla		<b>1.60</b> PB

## Attempts · HJMU23 High Jump · Men · U23 · Final

Place	Athlete	Attempts		
1	<b>Veigar Þór Víðisson (2006) ISL</b>	1.50 / o	<b>1.60 / o</b>	1.65 / -

## LJWU18 Long Jump · Girls · U18 · Final

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Place	Athlete	Team	Bib	Result
1	<b>Helga Fjóra Erlendsdóttir (2009) ISL</b>	Íþróttafélagið Garpur		<b>5.07</b> SB
2	<b>Arndís Eva Vigfúsdóttir (2009) ISL</b>	Ungmennafélag Selfoss		<b>4.44</b> SB
3	<b>Adda Sóley Sæland (2010) ISL</b>	Ungmennafélag Selfoss		<b>4.26</b> PB
	<b>Anna Metta Óskarsdóttir (2010) ISL</b>	Ungmennafélag Selfoss		DNS

## Attempts · LJWU18 Long Jump · Girls · U18 · Final

Place	Athlete	Attempts		
1	<b>Helga Fjóra Erlendsdóttir (2009) ISL</b>	<b>5.07</b>	x	x
2	<b>Arndís Eva Vigfúsdóttir (2009) ISL</b>	<b>4.44</b>	x	x
3	<b>Adda Sóley Sæland (2010) ISL</b>	x	4.02	4.05
	<b>Anna Metta Óskarsdóttir (2010) ISL</b>			<b>4.26</b>

## LJWU20 Long Jump · Women · U20 · Final

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Place	Athlete	Team	Bib	Result
1	<b>Hugrún Birna Hjaltadóttir (2008) ISL</b>	Ungmennafélag Selfoss		<b>4.55</b> SB
2	<b>Stephanie Ósk Ingvarsdóttir (2007) ISL</b>	Ungmennafélagið Hekla		<b>4.38</b> PB
	<b>Katrín Eyland Gunnarsdóttir (2007) ISL</b>	Íþróttafélagið Dímon		DNS

## Attempts · LJWU20 Long Jump · Women · U20 · Final

Place	Athlete	Attempts			
1	<b>Hugrún Birna Hjaltadóttir (2008) ISL</b>	x	x	<b>4.55</b>	4.42
2	<b>Stephanie Ósk Ingvarsdóttir (2007) ISL</b>	4.11	4.18	4.37	<b>4.38</b>
	<b>Katrín Eyland Gunnarsdóttir (2007) ISL</b>				

## HJW15 High Jump · Girls · 15 years · Final

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Place	Athlete	Team	Bib	Result
1	<b>Magnea Furuheilm Magnúsdóttir (2011) ISL</b>	Íþróttafélagið Dímon		<b>1.48</b> PB
2	<b>Hugrún Hadda Hermannsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>1.25</b> PB
2	<b>Ásta Kristín Ólafsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>1.25</b> PB
4	<b>Sigurdís Þorbjörnsdóttir (2011) ISL</b>	Ungmennafélag Selfoss		<b>1.25</b> PB
5	<b>Hafdís Laufey Ómarsdóttir (2011) ISL</b>	Ungmennafélagið Hekla		<b>1.10</b> PB

## Attempts · HJW15 High Jump · Girls · 15 years · Final

Place	Athlete	Attempts					
1	<b>Magnea Furuheilm Magnúsdóttir (2011) ISL</b>	1.00 / -	1.10 / o	1.20 / o	1.25 / o	1.30 / o	1.36 / o

		1.42 / o	1.45 / o	<b>1.48 / xxo</b>	1.50 / xxx	
2	<b>Hugrún Hadda Hermannsdóttir (2011)...</b>	1.00 / -	1.10 / o	1.20 / o	<b>1.25 / o</b>	1.30 / xxx
2	<b>Ásta Kristín Ólafsdóttir (2011) ISL</b>	1.00 / -	1.10 / o	1.20 / o	<b>1.25 / o</b>	1.30 / xxx
4	<b>Sigurdís Þorbjörnsdóttir (2011) ISL</b>	1.00 / -	1.10 / o	1.20 / xo	<b>1.25 / o</b>	1.30 / xxx
5	<b>Hafís Laufey Ómarsdóttir (2011) ISL</b>	1.00 / o	<b>1.10 / o</b>	1.20 / xxx		

SPMU18 Shot Put (4kg) · Boys · 15 years · Final 01/11/2026, 06:45 PM

Place	Athlete	Team	Bib	Result
1	<b>Magnús Tryggvi Birgisson (2011) ISL</b>	Ungmennafélag Selfoss		<b>11.31</b> PB
2	<b>Birkir Aron Ársælsson (2011) ISL</b>	Ungmennafélag Selfoss		<b>10.06</b> PB
3	<b>Tómas Bragi Ragnarsson (2011) ISL</b>	Ungmennafélag Selfoss		<b>7.74</b> PB
4	<b>Brynjar Ingi Bjarnason (2011) ISL</b>	Ungmennafélag Selfoss		<b>4.71</b> PB

Attempts · SPMU18 Shot Put (4kg) · Boys · 15 years · Final

Place	Athlete	Attempts
1	<b>Magnús Tryggvi Birgisson (2011) ISL</b>	<b>11.31</b> 9.56 - -
2	<b>Birkir Aron Ársælsson (2011) ISL</b>	<b>10.06</b> 9.74 9.18 9.26
3	<b>Tómas Bragi Ragnarsson (2011) ISL</b>	7.53 7.67 <b>7.74</b> 7.52
4	<b>Brynjar Ingi Bjarnason (2011) ISL</b>	4.60 4.14 4.14 <b>4.71</b>

SPMU18 Shot Put (5kg) · Boys · U18 · Final 01/11/2026, 06:45 PM

Place	Athlete	Team	Bib	Result
1	<b>Lúkas Týr Sigurðsson (2009) ISL</b>	Íþróttafélagið Dímon		<b>9.97</b> PB
2	<b>Stormur Leó Guðmundsson (2010) ISL</b>	Ungmennafélag Selfoss		<b>7.95</b> PB
3	<b>Runólfur Mar Þorkelsson (2009) ISL</b>	Íþróttafélagið Dímon		<b>7.63</b> PB

Attempts · SPMU18 Shot Put (5kg) · Boys · U18 · Final

Place	Athlete	Attempts
1	<b>Lúkas Týr Sigurðsson (2009) ISL</b>	8.98 9.30 9.05 <b>9.97</b>
2	<b>Stormur Leó Guðmundsson (2010) ISL</b>	7.51 7.06 7.60 <b>7.95</b>
3	<b>Runólfur Mar Þorkelsson (2009) ISL</b>	7.33 7.60 <b>7.63</b> 7.04

SPMU20 Shot Put (6kg) · Men · U20 · Final 01/11/2026, 06:45 PM

Place	Athlete	Team	Bib	Result
1	<b>Hjálmar Vilhelm Rúnarsson (2008) ISL</b>	Ungmennafélag Selfoss		<b>14.59</b> SB
2	<b>Kristján Kári Ólafsson (2008) ISL</b>	Ungmennafélag Selfoss		<b>13.36</b> PB
3	<b>Víkar Reyur Víðisson (2008) ISL</b>	Ungmennafélagið Hekla		<b>10.66</b> PB
4	<b>Daníel Smári Björnsson (2007) ISL</b>	Ungmennafélag Selfoss		<b>8.20</b> PB

Attempts · SPMU20 Shot Put (6kg) · Men · U20 · Final

Place	Athlete	Attempts
1	<b>Hjálmar Vilhelm Rúnarsson (2008) ISL</b>	<b>14.59</b> 14.39 x x
2	<b>Kristján Kári Ólafsson (2008) ISL</b>	12.61 <b>13.36</b> 12.88 13.17
3	<b>Víkar Reyur Víðisson (2008) ISL</b>	10.47 <b>10.66</b> 10.17 10.15
4	<b>Daníel Smári Björnsson (2007) ISL</b>	7.99 8.07 x <b>8.20</b>

SPMU23 Shot Put (7.26kg) · Men · U23 · Final 01/11/2026, 06:45 PM

Place	Athlete	Team	Bib	Result
1	<b>Veigar Þór Víðisson (2006) ISL</b>	Ungmennafélagið Hekla		<b>9.28</b> PB

Attempts · SPMU23 Shot Put (7.26kg) · Men · U23 · Final

Place	Athlete	Attempts
1	<b>Veigar Þór Víðisson (2006) ISL</b>	8.56 <b>9.28</b> x x

60mhW15 60m Hurdles (76.2cm / 8m) · Girls · 15 years · Final 01/11/2026, 07:30 PM

Place	Lane	Athlete	Team	Bib	React.	Result
1	3	<b>Magnea Furuheilm Magnúsdóttir (201...</b>	Íþróttafélagið Dímon			<b>10.82</b> PB
2	1	<b>Ásta Kristín Ólafsdóttir (2011) ISL</b>	Ungmennafélag Selfoss			<b>11.64</b> PB
3	2	<b>Hafís Laufey Ómarsdóttir (2011) ISL</b>	Ungmennafélagið Hekla			<b>12.47</b> PB

60m Hurdles (83.8cm / 8.5m) · Women · Senior · Final 01/11/2026, 07:35 PM

Place	Lane	Athlete	Team	Bib	React.	Result
1	1	<b>Fjóra Signý Hannesdóttir (1989) ISL</b>				<b>10.38</b> SB

60mhWU18 60m Hurdles (76.2cm / 8.5m) · Girls · U18 · Final 01/11/2026, 07:35 PM

Place	Lane	Athlete	Team	Bib	React.	Result
1	1	<b>Helga Fjóra Erlendsdóttir (2009) ISL</b>	Íþróttafélagið Garpur			<b>9.38</b> PB

60mhWU20 60m Hurdles (83.8cm / 8.5m) · Women · U20 · Final 01/11/2026, 07:35 PM

Place	Lane	Athlete	Team	Bib	React.	Result
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1	2	<b>Hugrún Birna Hjaltadóttir (2008) ISL</b>	Ungmennafélag Selfoss			<b>11.94 SB</b>	
	1	<b>Stephanie Ósk Ingvarsdóttir (2007) ISL</b>	Ungmennafélagið Hekla			DNS	
60mhM15 60m Hurdles (83.8cm / 8.5m) · Boys · 15 years · Final							01/11/2026, 07:40 PM
Place	Lane	Athlete	Team	Bib	React.	Result	
1	1	<b>Magnús Tryggvi Birgisson (2011) ISL</b>	Ungmennafélag Selfoss			<b>10.75 PB</b>	
60mhMU20 60m Hurdles (99.1cm / 9.14m) · Men · U20 · Final							01/11/2026, 07:40 PM
Place	Lane	Athlete	Team	Bib	React.	Result	
	1	<b>Ívar Ylur Birkisson (2008) ISL</b>	Íþróttafélagið Dímon			DNS	
	2	<b>Vikar Reyrr Víðisson (2008) ISL</b>	Ungmennafélagið Hekla			DNS	
60mhMU23 60m Hurdles (106.7cm / 9.14m) · Men · U23 · Final							01/11/2026, 07:40 PM
Place	Lane	Athlete	Team	Bib	React.	Result	
	1	<b>Veigar Þór Víðisson (2006) ISL</b>	Ungmennafélagið Hekla			DNS	
Team results · Heildarstigakeppni · Mixed (1/8)							
Place	Team	Total	60m 60mM15 Men	60m 60mMU18 Men	60m 60mMU20 Men	60m 60mMU23 Men	60m 60mW15 Women
1	Umf. Selfoss	246.5	15	9	9	0	11
2	Umf. Hekla	81	0	0	5	6	4
3	Íþrf. Dímon	57.5	0	9	0	0	6
4	Íþrf. Garpur	18	0	0	0	0	0
5	Umf. Þjótandi	15	0	0	4	0	0
	Umf. Þór	0	0	0	0	0	0
	Umf. Laugdæla	0	0	0	0	0	0
	Umf. Biskupstungna	0	0	0	0	0	0
Team results · Heildarstigakeppni · Mixed (2/8)							
Place	Team	Total	60m 60mWU23 Women	60m 60mWU18 Women	60m 60mWU20 Women	60m Hurdles 60mhMU23 Men	60m Hurdles 60mhM15 Men
1	Umf. Selfoss	246.5	0	15	9	0	6
2	Umf. Hekla	81	0	0	6	0	0
3	Íþrf. Dímon	57.5	0	0	0	0	0
4	Íþrf. Garpur	18	0	0	0	0	0
5	Umf. Þjótandi	15	0	0	0	0	0
	Umf. Þór	0	0	0	0	0	0
	Umf. Laugdæla	0	0	0	0	0	0
	Umf. Biskupstungna	0	0	0	0	0	0
Team results · Heildarstigakeppni · Mixed (3/8)							
Place	Team	Total	60m Hurdles 60mhMU20 Men	60m Hurdles 60mhW15 Women	60m Hurdles 60mhWU18 Women	60m Hurdles 60mhWU20 Women	High Jump HJMU23 Men
1	Umf. Selfoss	246.5	0	5	0	6	0
2	Umf. Hekla	81	0	4	0	0	6
3	Íþrf. Dímon	57.5	0	6	0	0	0
4	Íþrf. Garpur	18	0	0	6	0	0
5	Umf. Þjótandi	15	0	0	0	0	0
	Umf. Þór	0	0	0	0	0	0
	Umf. Laugdæla	0	0	0	0	0	0
	Umf. Biskupstungna	0	0	0	0	0	0
Team results · Heildarstigakeppni · Mixed (4/8)							
Place	Team	Total	High Jump HJM15 Men	High Jump HJMU18 Men	High Jump HJMU20 Men	High Jump HJWU23 Women	High Jump HJWU18 Women
1	Umf. Selfoss	246.5	6	5	10	6	9
2	Umf. Hekla	81	0	0	3	0	0
3	Íþrf. Dímon	57.5	0	6	0	0	0
4	Íþrf. Garpur	18	0	0	0	0	6
5	Umf. Þjótandi	15	0	0	5	0	0
	Umf. Þór	0	0	0	0	0	0
	Umf. Laugdæla	0	0	0	0	0	0
	Umf. Biskupstungna	0	0	0	0	0	0
Team results · Heildarstigakeppni · Mixed (5/8)							
Place	Team	Total	High Jump HJWU20 Women	High Jump HJW15 Women	Long Jump LJM15 Men	Long Jump LJMU18 Men	Long Jump LJMU23 Men
1	Umf. Selfoss	246.5	4.5	12	15	0	0
2	Umf. Hekla	81	6	2	0	0	6

3	Íþrf. Dímon	57.5	4.5	6	0	6	0
4	Íþrf. Garpur	18	0	0	0	0	0
5	Umf. Þjótandi	15	0	0	0	0	0
	Umf. Þór	0	0	0	0	0	0
	Umf. Laugdæla	0	0	0	0	0	0
	Umf. Biskupstungna	0	0	0	0	0	0

Team results · Heildarstigakeppni · Mixed (6/8)

Place	Team	Total	Long Jump LJMU20 Men	Long Jump LJW15 Women	Long Jump LJWU18 Women	Long Jump LJWU20 Women	Shot Put SPMU23 Men
1	Umf. Selfoss	246.5	0	7	9	6	0
2	Umf. Hekla	81	5	5	0	5	6
3	Íþrf. Dímon	57.5	0	6	0	0	0
4	Íþrf. Garpur	18	0	0	6	0	0
5	Umf. Þjótandi	15	6	0	0	0	0
	Umf. Þór	0	0	0	0	0	0
	Umf. Laugdæla	0	0	0	0	0	0
	Umf. Biskupstungna	0	0	0	0	0	0

Team results · Heildarstigakeppni · Mixed (7/8)

Place	Team	Total	Shot Put SPMU18 Men	Shot Put SPMU20 Men	Shot Put SPW15 Women	Shot Put SPWU23 Women	Shot Put SPWU18 Women
1	Umf. Selfoss	246.5	18	14	14	6	15
2	Umf. Hekla	81	0	4	2	0	0
3	Íþrf. Dímon	57.5	0	0	5	0	3
4	Íþrf. Garpur	18	0	0	0	0	0
5	Umf. Þjótandi	15	0	0	0	0	0
	Umf. Þór	0	0	0	0	0	0
	Umf. Laugdæla	0	0	0	0	0	0
	Umf. Biskupstungna	0	0	0	0	0	0

Team results · Heildarstigakeppni · Mixed (8/8)

Place	Team	Total	Shot Put SPWU20 Women
1	Umf. Selfoss	246.5	5
2	Umf. Hekla	81	6
3	Íþrf. Dímon	57.5	0
4	Íþrf. Garpur	18	0
5	Umf. Þjótandi	15	0
	Umf. Þór	0	0
	Umf. Laugdæla	0	0
	Umf. Biskupstungna	0	0